



**ALZHEIMER'S ASSOCIATION®**  
**SUPPORT GROUPS**  
**GREATER MARYLAND CHAPTER**

**FIRST TUESDAY**

Latino Caregiver Meet Up/ Virtual/ Statewide  
 9:30-11 a.m.  
 Maria Guadalupe Lopez  
 443.904.0422 or mglopez196@gmail.com

12-1:30 p.m.  
 Community-based | Towson  
 Marilyn Blum  
 410.356.4805 or marilyn.blum@gmail.com

4:30-5:30 p.m.  
 Somerford Place - Hagerstown  
 Karla Anderson  
 301.791.9221 or KAnderson@5ssl.com

6:30 - 8 p.m.  
 Early Stage/Late Onset | Towson  
 Please call 800.272.3900 for pre-screening

**FIRST WEDNESDAY**

Spring Arbor of Frederick  
 6601 English Muffin Way, Frederick MD 21703  
 Kim Thompson | 240.217.4904 or  
 klthompson@springarborliving.com

**SECOND MONDAY**

6:30-8 p.m.  
 Early Stage  
 Anne Arundel County | Severna Park  
 Call 800.272.3900 for pre-screening

6:30-8 p.m.  
 Dementia Caregiver Meet Up/ Hunt Valley  
 Hybrid  
 Cole Smith | 443.602.6894 or nsmith@bvsl.net  
 Jamie Kasoff | 443.604.2626 or Kjamie1@gmail.com

**SECOND TUESDAY**

3-4:30 p.m.  
 Mt. Zion Church | BelAir  
 Barbara Pumphrey  
 410.676.2787 or bbpumph@aol.com

3:30-4:30 p.m.  
 Cecil County Dementia Caregiver Support Group  
 Mackenzie Hill, mhill@ccgov.org or  
 Amanda Woods, 410.996.8168 or AWoods@ccgov.org

4-5 p.m.  
 MAC, Inc. | 909 Progress Circle, Salisbury  
 Margaret White  
 410.742.0505 x 128 or mwhite@macinc.org

**SECOND WEDNESDAY**

10:30 a.m.-12:30 p.m.  
 Frontotemporal Dementia | Towson  
 Paula Notarangelo  
 410.294.2409 or noto27@aol.com

12-1:30 p.m.  
 MAC, Inc. | 909 Progress Circle, Salisbury  
 Margaret White  
 410.742.0505 x 128 or mwhite@macinc.org

6:30-8 p.m.  
Korean | Ellicott City  
MJ Engle  
410.313.6538 or mjengle@gmail.com

6:30-8 p.m.  
Levindale | Baltimore  
Julie Heyman  
443.675.6349 or  
Levindale.alzgroup@gmail.com

Young Adult (ages 18-35) | Virtual/ Statewide  
5:30-6:30 p.m.  
Kathryn King Rabb 352.281.7367 or  
kaking0812@gmail.com or  
Elizabeth Davis 301.524.0623 or  
elizabethgrace1348@gmail.com

**SECOND THURSDAY**

12:30-2 p.m.  
JHH-ElderPlus | Baltimore  
Tiffani Williams  
410.550.8093 or twilli19@jhmi.edu

3-4 p.m.  
Ocean Pines Library | 11107 Cathell Rd, Berlin  
Margaret White  
410.742.0505 x 128 or mwhite@macinc.org

6:30-8 p.m.  
Ellicott City | 50+ Center  
Kathy Wehr  
kwehr@howardcountymd.gov or 410.313.5955

6:30-8 p.m.  
Early Stage | Howard County | Ellicott City  
Please call 800.272.3900 for pre-screening

**THIRD MONDAY**

10-11:30 a.m.  
Myerberg | Baltimore  
Rachel Brodsky  
410.843.7421 or rbrodsky@jcsbaltimore.org

**THIRD TUESDAY**

6:30-8 p.m.  
St. Patrick | Havre De Grace  
Rosemary Dehn | 410.688.1007 or rmdehn@gmail.com  
Janet Girard | 410.939.6026 or janetgirard1@aol.com

6:30-8 p.m.  
UPMC Western Maryland Caregiver Support Group -  
Cumberland  
Jade Hensing  
301.876.7093 or westernmarylandsg@gmail.com

**THIRD WEDNESDAY**

5:30-6:30 p.m.  
Dementia Caregiver SG | Virtual/Statewide  
Angela Gahs  
410.916.1157 or angela.gahs@gmail.com

6-7:30 p.m.  
Bay Village Assisted Living  
979 Bay Village Dr, Annapolis, MD 21403 - Hybrid  
Brent Matherly | 443.370.3830 or  
bhmatheryl@gmail.com

6-7:30 p.m.  
Spring Arbor of Frederick  
6601 English Muffin Way, Frederick MD 21703  
Kim Thompson | 240.217.4904 or  
klthompson@springarborliving.com

6:30-8 p.m.  
Catonsville Presbyterian Church  
Erica Rome  
410.537.0700 or erica@ericarome.com

6:30-8 p.m.  
Spring Arbor of Severna Park  
345 Ritchie Highway  
Severna Park, MD 21146  
Jennifer McAndrews | jenmcandrews@gmail.com  
410.507.4490

Early Stage/ Younger Onset | Towson  
Please call 800.272.3900 for pre-screening

**THIRD THURSDAY**

12 -1:30 p.m.  
Delmarva Community Services  
108 Chesapeake Street, Cambridge  
Joanne Rue  
443.225.6695 or ruej54@comcast.net or  
Margaret White  
410.742.0505 x 128 or mwhite@macinc.org

6-7 p.m.  
VIRTUAL Caregiver Support Group/ Eldersburg  
Elyse Weckesser | Elysew@mdvisitingangels.com or  
443.340.3147  
Margie Cotterman | mcotterman@inspired-joy.com  
Text preferred to: 420.404.6804

**THIRD FRIDAY**

1-2 p.m.  
Glen Meadows | Glen Arm  
Alicia Secada Lovio  
ASecadaLovio@psl.org or 410.319.5019

**THIRD SATURDAY**

10 a.m. -12 noon  
Wayland Baptist Church | Baltimore  
Lucy Armstrong | 410.922.5848

**FOURTH MONDAY**

6:30-8 p.m.  
Early Stage Harford County | BelAir  
Please call 800.272.3900 for pre-screening

**FOURTH TUESDAY**

12:30-1:30 p.m.  
Edenton | Frederick  
Laurie James  
301.694.3100 or ljames@edenton-retirement.com  
Therese Keegan | tkeegan@edenton-retirement.com or  
301.694.3100, Ext. 141

1-2:30 p.m.  
Early Stage- Frederick County-Frederick  
Please call 800.272.3900 for pre-screening

6-7 p.m.  
Easton YMCA  
202 Peachblossom Rd.  
Easton, MD 21601  
Leslae Southard  
leslaeh@aol.com  
(c) 410.322.3838

**FOURTH WEDNESDAY**

11 a.m.-12:15 pm  
Grantsville Senior Center, Grantsville  
Twila Bender 301.895.5107 x 3523 or  
tbender@mtn.laurel.org  
(Lunch is available for purchase after the group  
at the senior center)

12-1:30 p.m.  
MAC, Inc- 909 Progress Circle, Salisbury  
Margaret White  
410.742.0505 x 128 or mwhite@macinc.org 6:30-8 p.m.

6:30-8 p.m.  
Frontotemporal Dementia | Timonium  
Paula Notarangelo | 410.294.2409 or noto27@aol.com

**FOURTH THURSDAY**

1-2 p.m.  
LGBTQA+ Dementia Caregiver Meet Up  
Virtual | Statewide  
Stephanie Goldstein | steph@ferrettoeldercare.com  
Paula Nemoga | 240.575.4338 or  
pnemoga@comcast.net

3-4 p.m.  
Ocean Pines Library - 11107 Cathell Rd, Berlin  
Margaret White  
410.742.0505 x 128 or mwhite@macinc.org

**LAST WEDNESDAY**

1-2 p.m.  
Homewood | Williamsport  
Rebecca Ryan  
301.582.6823 or RDRyan@hmwd.org