## MAC's Smart Aging

Tips and Tricks from the Caregiver Resource Center

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Smile, You're on camera!

For a caregiver or family member of a loved one who lives alone or far away, knowing they are safe is a very common concern. But if they do live alone or you aren't close enough to pop in, how can you know for sure that they are safe? Here in the Assistive Technology Center, we have several different options available for "home safety."



Not only is safety inside the home a concern but also outside the home, and that is where the *Indoor/Outdoor Blink Mini Camera* comes into play. The Blink Mini camera offers night vision, motion detection and two-way audio so that you can talk to your loved one right through the camera straight from your cell phone. The motion detection feature is very beneficial for the caregiver in case a fall occurs, or someone comes to the house unexpectedly. An alert/notification is immediately sent to the phone keeping the caregiver updated and in the know. Very helpful!

Another option for surveillance home safety is the *Wi-Fi Light bulb Security Camera*. It's also available for indoor/outdoor and offers the same features as the Blink Mini. However, the most beneficial and unique feature this camera offers is the 360-degree lens. The concept is the camera is screwed into your ceiling fan light (removing one of your bulbs) and it then will rotate 360 degrees, viewing the home from every angle. Quick and easy installation and viewable on your smart phone, wherever you are.



## Indoor/Outdoor Blink Mini Camera

Wi-Fi Light bulb Security Camera

https://www.amazon.com/Blink-Mini-White-1Cam/dp/B07X6C9RMF/ ref=sr\_1\_3? crid=39F6BTSBDHD4X&keywords=blink+mini+camera&qid=16939270 42&sprefix=%2Caps%2C103&sr=8-3 https://www.amazon.com/Lightbulb-Security-Wireless-Outdoor-Detection/dp/B09ZQPG6X4/ref=sr\_1\_3? crid=87CUOTL31X9P&keywords=wifi+smart+camera+light+bulb&qid =1693927321&sprefix=%2Caps%2C104&sr=8-3

Give us a call and we will be glad to answer questions about the resources we have. Please call at 410-742-0505, ext 148— Sandra Gay / sgay@macinc.org or ext 146 - Katie Clatterbuck / kclatterbuck@macinc.org

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